**North Central District – WPTA**

**Tuesday May 14, 2019 Meeting Minutes**

**Videoconference Sites:**

Minocqua: none

Park Falls: none

Merrill: Cindy Koehler, Beth Schmelling

Stettin: Mary Repking

Stevens Point: Tyson Droessler, Teresa Timmerman, Dennis Kaster

Marshfield: Nicki Quarne (Chair), Dave Smith (Secretary/Treasurer), Dean Brix, Karna Sandok, Kaela Rueden, Laura Kruz, Kate Bennett, Kathy Zalewski (speaker), Ann Mathson (speaker)

Wisconsin Rapids: Wes Kurszewski (Vice Chair), Lisa Skibba, Brett Roberts (speaker)

**CE/Presentation/Discussion:** (end of meeting)

* 6:00 pm: Anne Mathson MS, BS, and Kathy Zalewski PT, PhD, MPA: presentation *“An Update on the UWSP Doctor of Physical Therapy Program and Continuing Education for Current Physical Therapists”*
* 6:30 pm: Brett Roberts DPT, *“PT Politics, BWB (Bullshitting with Brett) – Using PT (Political Theatre) to Advance PT (Physical Therapy)”*
  + Donations page: [https://wpta.org/political-action-committee/donations/](https://urldefense.proofpoint.com/v2/url?u=https-3A__wpta.org_political-2Daction-2Dcommittee_donations_&d=DwMFaQ&c=KNVzINr6WAqWApikNSnyDeOu0ck0iFwcrMz92MxUhIs&r=uIWdcuZOlqDVExR9eW2furnQR6YEUbfxvvrbvfelb4M&m=hWCMnlw02GmOkSuwBAoVAJ0vs4SlBAuDFbqW09GLyvE&s=DvhhvaG-rX_5Rw05_R9Sj0B0Acnq2CqCgaw4cG69RCY&e=)
  + About the PAC page: [https://wpta.org/political-action-committee/](https://urldefense.proofpoint.com/v2/url?u=https-3A__wpta.org_political-2Daction-2Dcommittee_&d=DwMFaQ&c=KNVzINr6WAqWApikNSnyDeOu0ck0iFwcrMz92MxUhIs&r=uIWdcuZOlqDVExR9eW2furnQR6YEUbfxvvrbvfelb4M&m=hWCMnlw02GmOkSuwBAoVAJ0vs4SlBAuDFbqW09GLyvE&s=WXASWleYjShU1oaN7EjqqfM-4B6zQRiq5062GAAsLRg&e=)

**Officer Reports:**

* Review and approval of minutes from October meeting – (on website)
* Treasurer report– Dave Smith
  + Account balance: $23, 514 (as of 03/31/19)
  + PAC Donation: May 2018, NCD had motion to donate $2K to PAC. Since then, discovered only individuals can donate to PAC. Money now transferred to the PAC Event/Admin Fund to use for costs of PAC Fundraising events, which allows all proceeds to go directly to the PAC. We challenged other districts to match our donation.
  + Spring WPTA Conf – NCD used $139.60 (that came from the $2K donated in May 2018), with 5 other groups, for a total cost of $698 for fundraiser event that raised 10x this amount.
  + WPT Fund – Legacy: student scholarship money. NCD Exec. Committee agreed to donate approx. $200 for basket to be used in raffle at Spring Conference.
  + Caduceus: District CE Module - online, streamlined, software for WPTA to do CE registration, track attendees, handle CEU certificates, name tags. If all districts contribute, will be $267/district (approx.). Should be finished by end of May. NCD Exec. Committee agreed to contribute.

**Subcommittees/Representatives:**

* Membership Committee: Cindy Koehler and Denise Kearns-Legoo – nothing to report
* Education Committee: (Wes Kurszewski-Vice Chair, Janice Devine-Ruggles, Karna Sandok, Kate Bennett, Kaela Rueden) – presented by Wes Kurszewski
  + Upcoming Courses: interest for yoga, pending. Kate noted work on acute care CE, and post-surgical spine CE. Early stages for both
  + Ideas for future courses: please get to CE Committee members

**Old Business:**

* WPTA News – Nicki presented
  + Strategic Plan: developed a new WPTA Vision Statement. Revamped every 3 years
    - Goal 1: Association: financial viability of the chapter
      * Maintain stability without raising dues, or even decrease in future
      * We own WPTA building on high traffic road; high $ value. Possibility of selling high, buying bigger building at lower cost in another location. We are not getting any offers as expected, but summer may bring more interest.
      * Autonomous Practice – spreading across WI
      * X-ray ordering – spreading. Aurora Health System now allows
    - Goal 2: Society: address the Opioid crisis
      * Research shows PT provides better results, faster, than opioids
      * Dennis has presented about effects of dry needling
      * WPTA has a task force to promote people choosing PT first for pain control.
      * [www.moveliveplay.org](http://www.moveliveplay.org) is a consumer-based website. Contest for short video to promote PT. See website to vote. 6 have been submitted
      * Opioid Pain Conference scheduled in Sept. (see end of minutes for location)
    - Goal 3: Professional: continuing education and raise money for PAC.
      * Strategic plan of the WPTA is to raise $20,000.00 for the PAC fund. Was extremely low ($300 in January), increased after Spring Conference, but need much more for this year.
      * We will have an update on the PAC by Brett. Numerous legislative issues this year, including change over in government with many new players that need to be educated about PT, including the governor. Connie Kittleson (prior President) met with Gov Evers in April.
      * See Treasurer’s report above for how the NCD has contributed and been involved.
* **New Business:** 
  + **WPTA Strategic Planning 2019:** Will follow the same strategic plan as created last year. Goals discussed and will continue to work towards the current strategic plan.
  + District Leadership opportunities: PR person from each district, health and wellness champion from each district. Reach out to Nicki Quarne if any interest; meetings are infrequent, and often via phone or video (minimal travel)
  + Vice Chair to serve on the Professional Development and Education Committee; coordinating CE at the district and state level
  + Connections Article: Please share any news for this article with Dave Smith ([smith.david@marshfieldclinic.org](mailto:smith.david@marshfieldclinic.org)), or any other Executive Committee member (Nicki Quarne, Wes Kurszewski).

**Upcoming Events: *SAVE THE DATE!!!***

* APTA NEXT Conference: June in Chicago
* Opioid Pain Conference/Course Marquette Sept. 13-14, 2019
* Fall Conference: October 10-11, 2019 in Madison, WI
* Legislative Day: Oct. or Nov. 2019
* Spring Conference (with Illinois Chapter): April 24-25, 2020 at the Q Center in St. Charles, IL
* Fall Conference 2020 and for the next 5 years: Wilderness/Glacier Canyon Lodge Wisconsin Dells

**Future Meetings: Note the meetings will be held on the SECOND Tuesday of the month in Feb, May, and October. Our next meeting date is October 8, 2019**

Submitted by NCD Secretary/Treasurer Dave Smith, May 22, 2019